



Waikite Valley School

Developing Learners for Life

1090 Waikite Valley Road, RD 1, Rotorua 3077 Tel 07 3331888
www.waikitevalley.school.nz office@waikitevalley.school.nz

Weekly Panui – Monday 3rd July 2017

Student led conferences and Open Class Day

Thank you to all the families that were able to attend the open day last Thursday and spare the time to look around your child's classroom. They were so proud of themselves and the work they have produced this term. We know that by talking about their learning progress and next steps they consolidate how they are going, as well as you having the opportunity to see where they're at firsthand.

Research clearly shows that when families are actively engaged in the learning, students make greater gains. Parents have a huge influence on their child's motivation and achievement at school (which I'm sure you're aware of). If you were not able to make it in last week, please let your child's teacher know when you're available this week to pop in.

If you have any questions about the reports that were handed out, please come in to see us or phone us or email. We did not put in an interim result in relation to National Standards as the feedback we received last year was that it caused confusion. Therefore, the students will have their end of year judgements in reports in December. The mid year comments should give an indication of where they are in relation to National Standards.



Friday 7th July

★ Last day of Term 2

Monday 24th July

★ First day of Term 3

Wednesday 26th July

★ BOT meeting 6.30pm

HOCKEY TEAMS

Intermediate team plays this Friday night. No Saturday games for a couple of weeks—but we will still have practices this week.

Hustle, X
Hit, X
AND NEVER QUIT

FUTURE FOCUSED SCHOOL SURVEY

We rely on your input to keep our school moving forward in the direction our community aspires to—please return these surveys so we can gauge how we are doing and where to next.



Junior Tough Guy

Friday August 18th at Lakes ranch.

Entry fee: \$20

1.5km Course Option – For school years 3 – 4
3km Course Option – For school years 5 – 8
Cure Kids are the official charity of the 2017 Loaded Tough Guy & Gal Challenge.

PAYMENTS TO THE SCHOOL PLEASE—WE WILL CLOSE OUR ENTRIES THIS THURSDAY

WINNING WAYS TO WELLBEING



INTRODUCE THESE FIVE SIMPLE STRATEGIES INTO YOUR LIFE AND YOU WILL FEEL THE BENEFITS.

Mental Health Foundation of New Zealand
www.mentalhealth.org.nz

"Developing learners for life"



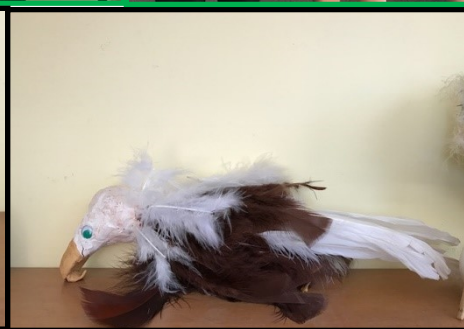
BOP INTERSCHOOL CROSS COUNTRY

Tegan Negus, Jackson Worsp, Jorja Cathcart and Sophie McKay ran very well representing our school and the Reporoa Cluster at the Bay of Plenty Cross Country Champion of Champions last Tuesday. This event was held at Kaharoa Primary on a challenging course.



News-team Challenge

On Tuesday night we watched our two Year 6 teams (Tegan & Jackson; Eilish & Gabriella) and two Year 7&8 teams (Daniel & Toby; Reg & Kasey) compete at the Waiariki Literacy Association News-team event. Our teams were fantastic and did us proud. Gabriella and Eilish were awarded 2nd place in the Year 5/6 division!



Mid-year Invoices

Kelly Curtis (office administrator) has attached your invoice to this newsletter. If there are any questions, concerns or problems regarding this, please let her know.

Home Learning tasks completed by some of the Room 4 students. They were given the option of creating an endangered bird (or extinct). This is a follow up to weeks of studying birds features and habitats; where we also looked at threatened NZ species and Conservation. Our trip to the Sanctuary tomorrow is the culmination of our term's learning.



Copyright 2008 by Randy Glasbergen.
www.glasbergen.com



"We found the accounting error. Somebody printed all the zeroes upside down."



Waikite Valley School

1090 Waikite Valley Road, RD 1, Rotorua 3077 Tel 07 3331888,
www.waikitevalley.school.nz office@waikitevalley.school.nz

HEADLICE NOTICE

As I'm sure most of you are aware, we have had ongoing issues with head lice identified at the school and we want to make sure you are kept informed. This is a problem that we ALL have to treat for, as I am getting regular reports of families being treated and cleared of the lice, then being re-infected at school. **I would IMPLORE everyone to treat their household for head lice during these holidays to make sure when we come back to school in Term 3 we can be free of these pests!**

During school we ask that you follow the simple CHECK, TREAT, COMPLETE routine below to ensure you are doing your bit to prevent any future outbreaks:

CHECK:

- Your child's hair once a week.
- Use a proper detection comb - with teeth no more than 0.3 mm apart to trap head lice
- If head lice are spotted, treat the whole family, including yourself and ask close family and friends to check as well.

TREAT

- You can make an appointment with the doctor who can prescribe remedies which will be hugely subsidized if purchased with a prescription
- Use a clinically proven treatment to which lice are very unlikely to build up a resistance
- Leave the treatment on for the recommended time for maximum effect

COMPLETE

- Repeat the treatment for a second time seven days after the first to kill any lice that may hatch from eggs during that time
- Check that all head lice have gone within two to three days of the final application of head lice treatment to complete the process.

We have a Robi comb at school for your use if you require it. You will also need to check the rest of your family and wash bedding and hats etc. Please also ensure that you continue to check every few days as no single treatment is 100% effective and follow up treatment and checking is essential to break the cycle. Head lice can spread easily and treatment can be costly and time consuming for all concerned so your **prompt attention to this issue is appreciated**. **If head lice or their eggs are found in your child's hair in term 3, your child will need to be treated before returning to school.**

Thank you for your co-operation.

Below are some facts and helpful advice regarding head lice and treatment

Facts

- Head lice are not known to spread disease but they can be annoying because they may cause itching and loss of sleep.
- Head-to-head contact with an already infested person is the most common way to get head lice.
- Head lice move by crawling; they cannot hop, fly or jump from person to person.
- Head lice and their eggs (nits) soon perish if separated from their human host. Because they need food, humidity and warmth to survive it is unlikely they will be found alive on car seats, curtains or carpets, clothing or personal items such as combs, brushes or towels.
- No approved treatment will kill all the unhatched eggs. Which is why regular checking and treatment is so important.
- Head lice cannot swim. They can survive under water for several hours but are unlikely to be spread by the water in a swimming pool.
- Anyone can get head lice. It is not related to poor personal hygiene or cleanliness in the home. Headlice feed on blood, not dirt.
- Children do not get headlice from dogs, cats, and other animals.

Treatments

There are a variety of treatments available to families ranging in cost from very cheap to very expensive. Cost is no measure of effectiveness. The best way to break the cycle is regular checking and regular treatment, regardless which option you choose.

Chemical

There are a variety of commercially made shampoo-type preparations for headlice control.

These can be purchased from your local chemist, who will also be able to advise on the products available. It is important to follow the directions carefully, they often require repeat treatments.

Physical methods

Physical methods of removing nits and lice can be effective on their own but they are time consuming. Eggs are cemented strongly to the hair shaft and simple washing usually doesn't remove them. Metal nit combs are the most effective way of physically removing the nits.

Wet Combing

The easiest way to find lice is to put lots of conditioner on dry hair - at least three times as much as usual. Conditioner stuns the insects for about 20 minutes and makes them easier to comb out. Repeat the combing at least twice more on consecutive nights if possible and then weekly.

Other tips and tricks (NB: please use at your own discretion these are home remedies parents have told us about but we can not guarantee effectiveness or safety.)

- Some people use vegetable (or olive) oil to help find and/or suffocate the lice, wrapping the hair in gladwrap for 10 minutes then combing thoroughly with a fine comb with the oil still in.
- Others suggest using white or apple cider vinegar first to help dissolve the 'glue' that holds the nit eggs to the hair shaft.
- Another parent uses green Listerine on the hair, then wraps hair in gladwrap and combs, redo in 2 days.
- Physically combing the hair is a very important part of the process. It isn't possible to rely on products alone.
- Tea Tree Oil - a few drops put in your everyday conditioner, or mixed with water and put in a small pump/spray bottle and used daily as a preventative spray.
- Some people suggest the heat from hairdryers or hair straighteners can be helpful in preventing headlice, (not as a treatment for bad infestations).

RECIPE FOR HEAD LICE TREATMENT

5ml Tea Tree Oil approx.

1 cup White Vinegar - or cider vinegar

2 tablespoons Shampoo - or conditioner

Mix ingredients in a clean plastic bottle. Shake well to dissolve essential oil. Apply as much as you need to cover the head, scalp and hair. Cover head with glad wrap. Leave for half an hour. Rinse briefly.

Repeat every 4 days for 5 applications to break the hatching cycle successfully. Combing with a nit comb would be a good idea as well.

Note: Test for possible sensitivity by putting a little of the final mixture on the inside of wrist or elbow.